



## **Analysing Identity: Cross-Cultural, Societal and Clinical Contexts**

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People's identities are addressed and brought into being by interaction with others. Identity processes encompass biographical experiences, historical eras and cultural norms in which the self's autonomy varies according to the flux of power relationships with others.

Identity Structure Analysis (ISA) draws upon psychological, sociological and social anthropological theory and evidence to formulate a system of concepts that help explain the notion of identity. They can be applied to the practical investigations of identity structure and identity development in a number of clinical, societal and cultural settings. This book includes topics on national and ethnic identification in multicultural contexts and gender identity relating to social context and the urban environment. Clinical applications that describe identity processes associated with psychological distress are also examined. These include anorexia nervosa and vicarious traumatising of counsellors in the aftermath of atrocity.

*Analysing Identity* is unique in its development of this integrative conceptualisation of self and identity, and its operationalisation in practice. This innovative book will appeal to academics and professionals in developmental, social, cross-cultural, clinical and educational psychology and psychotherapy. It will also be of interest to those involved with sociology, political science, gender studies, ethnic studies and social policy.

Of particular note is the availability of new software, Ipseus, which facilitates ISA for use by practitioners. It enables them to enhance their professional skills by ascertaining their clients' perspectives on self as located in the social world. This has been successfully used with pre-school three to five year-old children, and all other age-ranges through childhood, adolescence and adulthood. Ipseus is designed to be used in inter-cultural contexts and appeals to practitioners for their input for the generation of customized identity instruments (see [www.identityexploration.com](http://www.identityexploration.com)).

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