



Treatments for Medically Caused Anxiety and Depression: Treating Health Conditions that cause Mood Disorders

James M. Lowrance

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This book is also a section from "The Everything Anxiety Coping Book!" and is being made available for those who wish to read specifically about medical causes of mood disorders and their treatments. In this book, I address medical causes of anxiety and depression and the treatments available for them. Did you know that there are common thyroid disorders, a heart murmur, adrenal hormone imbalances and blood sugar (glucose) problems that can all potentially cause or contribute to anxiety and/or depression symptoms?

NOTE: This ebook is approximately 6,621 words in length. It is not an extensive medical journal but rather contains aspects of information on the subject that most laypersons would be seeking. The Chapters: CHAPTER ONE: Medical Causes of Anxiety - Subheadings: Mitral Valve Prolapse (MVP) & Mitral Valve Prolapse-Syndrome Hyperthyroidism-Overactive Thyroid Gland Hyper-functioning Adrenal Glands-Hyperadrenalism Hypoglycemia Hashitoxicosis CHAPTER TWO: More about Panic Disorder and Thyroid Disorders CHAPTER THREE: Anxiety with Thyroid Hormone Therapy CHAPTER FOUR: Medical Causes of Depression - Subheadings: Hypothyroidism Pain Syndromes Anemia Anxiety Disorders CHAPTER FIVE: Nutritional Deficiencies can cause Emotional Symptoms CHAPTER SIX: Is the Term "Nervous Breakdown" a True Medical Term? CHAPTER SEVEN: Coping Methods for Anxiety Disorders and Major Depression It is important that patients seeing their doctors for emotional symptoms be tested for possible medical conditions that might be a causative or contributing factor, especially if physical symptoms in addition to emotional ones are being experienced. Diagnostic testing can serve to rule out medical causes but can also help treating doctors design a treatment plan for individual patients. In addition to medical treatments for anxiety and depression and for the conditions that cause them, I also discuss other coping techniques and methods for these emotional disorders.

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