



Nutrition Research Methodologies (The Nutrition Society Textbook)

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Combining theory with practical application, *Nutrition Research Methodologies* addresses both traditional research methods and new technologies, and focuses on a range of complex topics, including energy compensation, nutrient-gene interactions and metabolic adaptation. It also considers statistical issues as well as application of data to policy development.

- Provides the reader with the required scientific basics of nutrition research in the context of a systems and health approach
- Written specifically to meet the needs of individuals involved in nutrition research
- Combines the viewpoints of world-leading nutrition experts from academia and research with practical applications
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