

T.A.E. Total Attack Elimination (2 Book Series)

William Lee

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T.A.E. Total Attack Elimination (2 Book Series) William Lee From Book 1:

COMPLETE PRESSURE POINTS SELF DEFENSE PACKAGE

(You DON'T need a Kindle Reader to buy this book. It's available for immediate reading with your Amazon virtual cloud reader)

T.A.E. is package that contains photos and graphs + 13 Video explanations (that you get with purchase), are definite answer to many 'unanswered' questions related to real life self defense. "What is the attacker is stronger and faster?", "...what if he is trained?" and similar sort of questions all become non relevant when T.A.V. methods are applied - no one can take this type and intensity of pain! One can train muscles, endurance, cardio etc. but no person can train 'pressure point resistance'! Simple as that.

SIMPLE & POWERFUL

This are simple yet incredibly powerful methods based on ancient Chinese art that deals in detail with pressure point manipulation and striking. This book deals with basics - it teaches you how to quickly detect these points on the body of attacker and how to successfully apply pressure (pinching or rubbing/pushing) motion for instant elimination of the attackers intentions to heart or injure you. It's very much like using the stun gun - it creates very strong painful sensation in the body of aggressor and offers an element of shock and surprise - both essential for quick and powerful self-defense.

EFFECTIVE EVEN FOR MMA & COMBAT SPORTS

Are these methods meant to be used in combat sports? For sure NOT, but many expert fighters very successfully "slip in" use some of them between the rules, especially in MMA. Despite that, these are self-defense methods that are meant for real fight situations not for any kind of friendly sparring or organized sport. These methods are extremely painful, effective and dangerous therefore all students are requested to be very careful while practicing them.

IS THIS PACKAGE FOR YOU?

If you are a total beginner - you will benefit from this book because it will teach you the basics of selfdefense that are very often overlooked. On basis of that, if you really think you need to learn more about self-defense you can definitely do so.

If you are martial artists or you already know a lot about self-defense I believe you will like to take a good look because this book will shed a light to the areas that are not often visited in modern martial arts. Each and every method explained in his book is easily combined with strikes, kicks, controls or any other kind of techniques you are used to.



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Kevin Gans:

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Michael Kautz:

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Ricky Dotson:

On this era which is the greater man or woman or who has ability to do something more are more precious than other. Do you want to become considered one of it? It is just simple strategy to have that. What you are related is just spending your time almost no but quite enough to possess a look at some books. One of several books in the top collection in your reading list is definitely T.A.E. Total Attack Elimination (2 Book Series). This book and that is qualified as The Hungry Mountains can get you closer in turning into precious person. By looking way up and review this e-book you can get many advantages.

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