



# She's Having a Baby - and I'm Having a Breakdown

*James Douglas Barron*

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A Man's Survival Guide to Pregnancy

It's easy for a man to feel like a bystander during pregnancy. Finally, from one man to another, here is a pregnancy book with funny, down-to-earth, and practical advice on:

- figuring out what you wife's obstetrician is saying
- keeping your sex life alive
- staying on top of insurance forms and other paperwork
- and much, much more

This book will help make pregnancy the experience of a lifetime.

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