

One Bird, One Stone: 108 Contemporary Zen Stories

Sean Murphy

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Drawn from the archives of major Zen centers in America and interviews with some of the most seminal figures of American Zen, including Philip Kapleau, Bernie Glassman, Gary Snyder, and Walter Nowick, One Bird, One Stone presents the notable encounters between teachers and students, the moments of insight and wisdom, the quotable quotes, and the humor of Zen as it has flowered in America over the last one hundredplus years.

Murphy, a Zen student and an accomplished writer, conducted numerous personal interviews and distilled over one hundred pithy stories. He covers Zen masters Suzuki, Maezumi, Seung Sahn, Robert Aitken, and Philip Kapleau along with earnest students Gary Snyder, Alan Watts, and Philip Whalen and others.



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