



Finding Your Sacred Contract

Caroline Myss

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This workshop, recorded live in Chicago, Illinois, focuses on how to find your life's mission, or "Sacred Contract." By coming to know your mission, you can live your life in a way that makes best use of your energy. Finding out where you invest your *energetic currency* can show you how to manage your power as opposed to being managed by it. When you're working well with your energy, you're also making the best expression of it and living in accord with your Sacred Contract.

Caroline Myss shows you how to discover your archetypal patterns, both symbolically and literally, and how to find the four archetypes we all share and the eight that are uniquely ours. By using these patterns, she teaches you how to use the "*Archetypal Wheel*" as an intuitive method to interpret the behind-the-scenes patterns of your life, revealing that your experiences and relationships to be spiritual dramas that are filled with opportunities for personal transformation.

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