



Using the Creative Arts in Therapy and Healthcare: A Practical Introduction

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This new edition of Using the Creative Arts in Therapy has been updated to include new developments in creative therapy and to reflect changing attitudes on the role of the arts in therapy. Its emphasis is on promoting health and encouraging healing, particularly self-healing. Designed for all those who are interested in using the arts in their professional practice, the book provides a general approach to the use of the arts in special education, rehabilitation and health care. The editor, Bernie Warren, has carried out pioneering work in this field for some twenty years. In three introductory chapters he gives a clear and concise account for the history and development of creative therapy, provides a basic framework for the use of creative activities with persons with a disability, and suggests many practical ideas and activities. The other writers, all creative specialists with extensive experience working in education, rehabilitation and health care, contribute chapters on folklore and ritual, the visual arts, music, dance, drama, puppetry and storytelling. Using the Creative Arts in Therapy is above all a Practical book, giving insight into techniques, originating in the creative arts, that have proved beneficial in health care, rehabilitation and special education. It will be essential reading for students and professionals in a variety of fields - including education, nursing, social work and psychology - who wish to use the arts in their practice. It will also be of great help to creative artists interested in working in these fields.

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