



Reinventate: Guia para cambiar tu vida profesional (Spanish Edition)

Manuel Mata

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En un entorno tan cambiante como el actual, necesitamos reinventarnos, pero no es fácil porque tenemos que salir de nuestra "zona de confort". Solo así podremos descubrir lo que podemos llegar a ser en la vida y conocer una mejor versión de nosotros mismos. Como habitualmente nos encontramos algo perdidos, con falta de rumbo y sin encontrar un sentido a la vida, esta lectura nace para dar respuestas a todas estas cuestiones. A partir de ahí basta con seguir esta guía para dar los pasos necesarios en nuestra carrera profesional. Con este libro obtendrás unas pautas de orientación profesional, para hacer una prospección del mundo laboral, conocer las competencias más demandadas, lo que buscan las empresas en un candidato, cómo definir tu objetivo profesional, cómo te puede ayudar tu entorno y tus contactos, aprender a reinventarte y gestionar el cambio, qué puede hacer por ti el Coaching, cómo elaborar un Currículum, consejos para las entrevistas de trabajo, consideraciones para buscar un trabajo por cuenta propia, etc. Si deseas pasar de la insatisfacción laboral al éxito profesional, necesitarás leer esta guía y aplicar sus recomendaciones y sugerencias. De esta forma podrás cambiar tu vida profesional y realizarte como persona en el ámbito laboral.

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