

The Wheel Of Time Sand Mandala: Visual Scripture Of Tibetan Buddhism

Barry Bryant



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The Wheel Of Time Sand Mandala: Visual Scripture Of Tibetan Buddhism Barry Bryant Here is a stunning visual introduction to the artistic and spiritual heart of Tibetan Buddhism. According to the monks who create it, the Kalachakra Sand Mandala, also known as the "Wheel of Time," imparts peace and healing to all beings and to the planet. Remarkable not only for its profound beauty but also for the intricate process of its construction—a delicate sifting of colored sands into elaborate patterns and symbols rich in meaning—the mandala serves as a visual scripture and vital key to understanding the essential teachings of Tibetan Buddhism.

This lavishly illustrated volume captures each stage of the mandala's construction, the serene joy and painstaking discipline of the monks, and the fascinating history behind its symbolism.

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