



Simply Zen: Designs for Harmonious Living (North American)

Sian Evans, Marc P. Keane, David Scott

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Turn your home and garden into a haven of peace.

Simply Zen shows how Zen ideas and spiritual values can be applied in a practical manner to our own living spaces. By introducing the Zen ideals of simplicity, restraint, and appreciation of nature into Western homes and gardens, we may bring a sense of peace to lives normally filled with pressure, routines, and distractions.

There are many popular books available on Zen living and feng shui, but this is the first book on interpreting the elements of Zen for designing contemporary Western houses and gardens. It is sure to be welcomed by working professionals and other busy people who long for simplicity and harmony in their homes.

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