



# **The Spirit of Reiki: From Tradition to the Present Fundamental Lines of Transmission, Original Writings, Mastery, Symbols, Treatments, Reiki as a ... in Life, and Much More (Shangri-La Series)**

*Walter Lubeck, Frank Arjava Petter, William Lee Rand*

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Written by three world-renowned Reiki masters, the Spirit of Reiki is a first. never before have three Reiki masters from different lineages and with such extensive backgrounds come together to write a book and share their experience. to quote the authors: "We decided to write this book together to share our love and knowledge of Reiki with each other and with the Reiki community. It is our hope that with this book, the love that we have for each other and for Reiki will spread throughout the Reiki community around the world". The Spirit of Reiki contains a wealth of information on Reiki never before brought together in one place. The broad spectrum of topics range from the search for a scientific explanation of Reiki energy to Reiki as a spiritual path. It includes the latest understanding of Dr. Usul's original healing methods, how Reiki is currently practiced in Japan, an analysis of the Western evolution of Reiki and a discussion about the direction Reiki is likely to take in the future. A definition of Reiki is included along with class outlines, an in-depth analysis of the Reiki symbols, and a discussion of the teacher/student relationship. Chapters about Dr. Mikao Usui, Chujiro Hayashi, Hawayo Takata, and other important figures, supplemented by original writings, make this book an important document of contemporary Reiki history. An additional 20 Usui treatment positions, which have not been previously published, along with the Hayahsi Healing guide, complete this book as a compendium of Reiki knowledge. All of Reiki's meaningful aspects are clearly explained here. The latest knowledge and developments, as well as the original traditions are presented.

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