



# Bradshaw On: Homecoming Reclaiming and Championing Your Inner Child (DVD 10 Hour Videobook/Intensive Workshop)

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Taped before a live audience HOMECOMING-Reclaiming and Championing Your Inner Child, John Bradshaw combines lectures, meditations, visualizations and experiential exercises from his Inner Child Workshops that powerfully, and often painfully demonstrate how reconnecting with you inner child through original pain work can be the source of hope, fulfillment and regeneration. Part One: The Problem Of The Wounded Inner Child - How A Dysfunctional Family System Creates A "Wounded" Inner Child Part Two: Original Pain - Original Pain Work And The Positive Results Of Reconnecting With Early Emotional Pain And The Fear Of Abandonment. Part Three: Reclaiming Your Infant Self - How Unfulfilled Infancy Needs Can Effect Adult Life Part Four: Reclaiming Your Toddler Self - The Ways In Which Toddler Needs Are Often Violated Part Five: Reclaiming Your Pre-School Self - How The Sense Of Purpose Developed At This Stage May Get Misshaped By Rigid Family Systems Part Six: Reclaiming Your School-Age Self - Moving Towards Competency, Industry And A Conscious Identity Part Seven: Championing: New Permissions - Ten Ways To Increase Enjoyment Of Life, And Instructions On How To "Give Yourself A New Childhood" Part Eight: Championing: Protection And Practice - Supplying Unmet Childhood Needs By Choosing A New "Family Of Choice" And Finding A Loving "Higher Power" Part Nine: The Wonder Child - The Emergence Of The "Wonder Child," The Authentic Natural Self Who Reclaims And Champions The Inner Child Part Ten: The Inner Child Regeneration - Spiritual Aspect @John Bradshaw John Bradshaw Media Group@ (all rights reserved) PO Box 667147 Houston, Texas 77266-7147 USA 800-627-2374 • 713-771-1300 Book Your Next Event, See John's Lecture Schedule, Sample his lectures on YouTube, Order Books, CDs and DVDs www.johnbradshaw.com Questions about products or shipping: ordersatbradshaw@aol.com

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