



# **The Sumi-E Dream Book: An Impressionist Approach to the Art of Japanese Brush Painting**

*Yolanda Mayhall*

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Sumi-e is the classic painting style of Japan, and its graceful simplicity is admired around the world. A natural follow-up to the best-selling *The Sumi-e Book*, *The Sumi-e Dream Book* demonstrates how to take the classic brushstrokes of sumi-e to a new level of painting, where creativity is inspired by deeply felt memories and spiritual expression.

First, sumi-e artist Yolanda Mayhall provides a brief history and explains the philosophy behind this classic Japanese painting style. She highlights its many masters, one of them her ancient mentor the master brush painter, woodblock, and dream journey artist Hokosai. Next, she reviews the classic materials and the basic brushstrokes of sumi-e known as the Four Gentlemen: Bamboo, Wild Orchid, Chrysanthemum, and Plum Branch, along with their variations.

Finally, Mayhall puts it all together to demonstrate the sumi-e art of dream journey painting. Readers will learn a variety of creative and exciting techniques for using color to add a delightful dimension to the sumi-e image as well as discover exciting techniques for visually capturing important life memories and spiritual reflections in a painting.

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