



The Seven Shifts

Sky Sheridan

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What do you think about death? How do you feel about life? Where is fear limiting you? Who are you? Why are you here? What is your purpose?

Transforming life's breakdowns into breakthroughs, *The Seven Shifts* is part memoir, part empowerment guide, walking us through international male model Sky Sheridan's life, beginning with a near death experience igniting his search for the meaning, purpose and power of his existence.

The Seven Shifts reveals:

What death is and its role in our life.

Why the unknown serves your good.

How to turn breakdowns into breakthroughs.

Where to access your inner, spiritual, non-physical energy.

Beliefs that limit you and how to let them go.

2012 and the collective conscious shift.

Our interconnection, interdependence and oneness.

Creative, Sustainable and Emergent living.

The power of the present.

The possibility that is YOU.

You are DIVINE, you're here to ENJOY, and you are free to LOVE.

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