



## **One Couple, Four Realities: Multiple Perspectives on Couple Therapy**

Download now

[Click here](#) if your download doesn't start automatically

# One Couple, Four Realities: Multiple Perspectives on Couple Therapy

## **One Couple, Four Realities: Multiple Perspectives on Couple Therapy**

An outgrowth of an Harvard Medical School Couple Therapy Conference, this is the first book on couple and family therapy to combine a range of clinical theories with a single case discussion. At the conference, Jim Framo, Peggy Papp, Norman Paul, and Carlos Sluzki--therapists well-known for their differing styles and theoretical persuasions--described and explained the sessions they each conducted with the same couple. These sessions varied greatly: each has a distinctive focus; two included family of origin members; one involved a co-therapist. Later, other therapists, representing an even broader range of perspectives, discussed their viewpoints and speculated how they might have approached the same case.

In ONE COUPLE, FOUR REALITIES: MULTIPLE PERSPECTIVES ON COUPLE THERAPY, the experience of attending this conference is recreated and expanded. The reader is first given the same background information about the couple that was supplied to the interviewers and is then presented with edited transcripts and commentary by Framo, Papp, Paul, and Sluzki about their own sessions. Further perspectives and approaches to the case are provided by a number of other teachers of therapy. Thus, the reader is invited to view the couple from over a dozen different perspectives, including psychodynamic, object relations, systemic, behavioral, feminist, contextual, and eclectic orientations.

Perhaps the most fascinating perspective is provided by the couple, "Larry" and "Jennifer," who, in the last section of the book, detail their reactions to the four demonstration sessions. Their stunningly candid and intelligent accounts, given soon after the original interviews, and then again six years later, provide a compelling conclusion to the book.

Most published cases are selected retrospectively to illustrate the power of the author's approach. By contrast, this couple was selected in advance: their case, ongoing at the time in a Boston clinic, seemed suitable for the demonstration interviews to be videotaped for the Harvard conference. The couple was bright and engaging. They and their families of origin were willing to participate. The interviewers agreed to document the sessions no matter how they turned out. This prospective method of case selection lent authenticity to the interviews, permitting the viewers, and now the reader, to witness clinical work as it might unfold in the office of any therapist.

This volume is not intended to and does not demonstrate the superiority of one approach over another. Each of the four demonstration interviews represents careful, conscientious work, and each leads to a different reality about the couple. Only in a volume such as this can one see in high relief what each approach brings to light and what each obscures.

All therapists interested in couples should find this book useful, as it stimulates readers to scrutinize their own theories and practices, consider how they might have approached Larry and Jennifer, and ponder what their own viewpoint may have caused them to overlook. Clinicians will appreciate the theoretical discussions and case analyses. The book is a natural supplemental text for courses in couple or family therapy. Teachers may learn much from the appendix which addresses ethical and therapeutic aspects of using videotaped demonstration interviews--important issues that have been neglected in the professional literature. The book may also have personal resonance for non-professionals interested in exploring the complexity of one couple's relationship. All will find ONE COUPLE, FOUR REALITIES accessible and thought-provoking.

Through the lives of 'Larry' and 'Jennifer,' it addresses timeless and timely questions about the personal, familial, and cultural forces that create, shape, and strain the bonds that hold couples together.

 [Download One Couple, Four Realities: Multiple Perspectives ...pdf](#)

 [Read Online One Couple, Four Realities: Multiple Perspective ...pdf](#)

## **Download and Read Free Online One Couple, Four Realities: Multiple Perspectives on Couple Therapy**

---

### **From reader reviews:**

#### **Zola Campbell:**

People live in this new day of lifestyle always aim to and must have the time or they will get lots of stress from both everyday life and work. So , when we ask do people have spare time, we will say absolutely without a doubt. People is human not just a robot. Then we consult again, what kind of activity do you have when the spare time coming to you of course your answer will probably unlimited right. Then ever try this one, reading books. It can be your alternative throughout spending your spare time, the actual book you have read is usually One Couple, Four Realities: Multiple Perspectives on Couple Therapy.

#### **Catherine Stevenson:**

Are you kind of stressful person, only have 10 or maybe 15 minute in your morning to upgrading your mind talent or thinking skill actually analytical thinking? Then you are receiving problem with the book as compared to can satisfy your short space of time to read it because pretty much everything time you only find reserve that need more time to be examine. One Couple, Four Realities: Multiple Perspectives on Couple Therapy can be your answer as it can be read by you actually who have those short extra time problems.

#### **Rigoberto Hamilton:**

In this particular era which is the greater man or woman or who has ability to do something more are more special than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you have to do is just spending your time almost no but quite enough to get a look at some books. One of several books in the top listing in your reading list is One Couple, Four Realities: Multiple Perspectives on Couple Therapy. This book which can be qualified as The Hungry Mountains can get you closer in getting precious person. By looking right up and review this reserve you can get many advantages.

#### **Mark Garcia:**

Book is one of source of know-how. We can add our information from it. Not only for students but also native or citizen require book to know the update information of year in order to year. As we know those books have many advantages. Beside all of us add our knowledge, can also bring us to around the world. By book One Couple, Four Realities: Multiple Perspectives on Couple Therapy we can get more advantage. Don't you to be creative people? For being creative person must love to read a book. Simply choose the best book that suitable with your aim. Don't end up being doubt to change your life at this book One Couple, Four Realities: Multiple Perspectives on Couple Therapy. You can more desirable than now.

**Download and Read Online One Couple, Four Realities: Multiple Perspectives on Couple Therapy #XO39HPR7W5Y**

## **Read One Couple, Four Realities: Multiple Perspectives on Couple Therapy for online ebook**

One Couple, Four Realities: Multiple Perspectives on Couple Therapy Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read One Couple, Four Realities: Multiple Perspectives on Couple Therapy books to read online.

### **Online One Couple, Four Realities: Multiple Perspectives on Couple Therapy ebook PDF download**

**One Couple, Four Realities: Multiple Perspectives on Couple Therapy Doc**

**One Couple, Four Realities: Multiple Perspectives on Couple Therapy Mobipocket**

**One Couple, Four Realities: Multiple Perspectives on Couple Therapy EPub**